

THE  
**CATCH**  
AT THE COW

**VALENTINE'S DAY**

3 COURSES: £39PP

**STARTER**

**RED BORSCHT SOUP**  
dill sour cream

**PARSLEY CAKE**  
lemon goat's cheese mousse, pickled walnuts, watercress (v)

**CORNISH SMOKED DUCK CAESAR SALAD**  
quail's egg, cos lettuce, parma ham, croutons (gfo)

**TEMPURA BATTERED SOFT SHELL CRAB**  
Asian slaw, jalapeño mayo (df)

**MAIN**

**MOROCCAN SPICED RACK OF LAMB**  
lamb tagine, couscous, coriander jelly (df)

**PACKINGTON CHICKEN SUPREME**  
dauphinoise potato, garlic green beans, mushroom velouté (gf)

**PAN FRIED JOHN DORY FILLETS**  
fondant potato, buttered samphire, sauce vierge, crispy kale (gf)

**CHATEAUBRIAND BEEF WELLINGTON**  
TO SHARE £15PP SUPPLEMENT | 48HR ADVANCE PRE-ORDER PLEASE  
goose fat roasted potatoes, tenderstem broccoli, creamed cabbage, red wine jus

**MUSHROOM WELLINGTON**  
roasted potatoes, tenderstem broccoli, creamed cabbage, red wine jus, vegetable gravy (v)

**DESSERT**

**WHITE CHOCOLATE BRÛLÉE**  
berry trio, raspberry sorbet, shortbread biscuit (gf)

**RED VELVET HEART**  
chocolate ice cream, baby Irish cream hot chocolate

**THE COW 5 CHEESE PLATTER TO SHARE,**  
red onion marmalade, apple, celery, candied walnuts, Fudge's biscuits